Hammersley Homes

SUPPORT FOR LIFE, FOR ADULTS LIVING WITH ENDURING MENTAL HEALTH CHALLENGES AND ILLNESSES

Charity Report 2022



Registered Charity Number: 1180673

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OUR VISION, MISSION AND VALUES

VISION

To reduce crisis point being reached, through the provision of friendship, safety, security and comfort – FOR LIFE to vulnerable adults with a history of enduring mental health problems – a sector that has, for decades, been under funded and ignored by the authorities.

MISSION

• To provide long-term support for this vulnerable sector, through our **Outreach Programme, Supported Homes for Life, and Day Centres** – where our clients and residents can live as independently as suits them, but with friendship and ongoing support.

VALUES

- We are **committed** to providing support for life for this vulnerable group.
- We are **resolved** to reduce crisis point being reached, so those with mental ill-health don't end up in prison or repeatedly on mental health wards.
- We are **passionate** about what we plan to do, and not afraid to challenge in order to improve the lives of the vulnerable people we support.
- We **value** diversity and are committed to everyone having the same opportunity to access our services.
- We treat people with **Care and Compassion**.



AMAZING NEWS!

Well - before we tell you about our great year in 2022, we have to share the AMAZING news of a fabulous award of:

£327,062 over 3 years

from the Lottery Community Fund.



2023 HAS GOT OFF TO THE BEST START EVER, WITH THIS TREMENDOUS GRANT TOWARDS THE COST OF DEVELOPING AND EXPANDING OUR OUTREACH PROGRAMME OVER THE NEXT THREE YEARS.



Our much valued, experienced and knowledgeable volunteer Judith Richards worked hard on this application for us through 2022, and the result was better than we could have hoped for or imagined! This generous award enables us to employ more paid Home Visitors to reduce the ever-lengthening waiting lists for this popular and much in demand service, and we are over the moon! This is a terrific endorsement of our project, and we are enormously grateful to JUDITH, and to the LOTTERY COMMUNITY FUND.



A MESSAGE FROM OUR FOUNDER, LOUISE HALLETT



Well, another year has flown by, and we are delighted with the progress we have made through 2022 – more than we could have dreamed of.

Although our main goal of establishing supported HOMES FOR LIFE for the vulnerable people we work with is still a very concrete aim, we have been concentrating this year, on establishing and extending our <u>OUTREACH PROGRAMME</u>. We are now working closely with 4 local Community Mental Health Teams, and Hampshire County Council Adult Social Services, who

regularly refer clients to our Outreach service. We have recruited more Volunteer Outreach visitors, and employed our first full-time Outreach Home Visitor, and are supporting ever increasing numbers of people.

We have been receiving wonderfully rewarding feedback, both from our clients and their families, and from the CMHTs who refer them to us:

From a parent:

"I am so pleased that Hammersley Homes Outreach Support is providing my son with some muchneeded company and social contact. Over the past couple of years he has become almost completely isolated relying entirely on support from me which is not easy now that I am getting older. He is not the easiest of people to deal with but I am hopeful that the Volunteers will continue to support him and hope that he will gradually feel able to do more with them. He looks forward to their visits and phone calls and it gives me a short but welcome break."

From a client:

"Having someone around has improved my mental health, and made me feel stronger as a person. I feel like I have the confidence to go out and do things."

From a volunteer:

"I have lived with mental illness in my family all my life, that's why I volunteered to help others who live with these conditions. Having this close contact with other sufferers has had a huge impact on my understanding of these conditions and changed the way I communicate with and respond to my own relation; it's made a big difference and our relationship has improved enormously as a consequence. I'm so grateful for this opportunity, it's taught me so much."

From a client:

"Thank you so much you're like an angel and tried to come in and help thank you so much like a guardian angel, I hope tomorrow is a better day thank-you for everything you have done for me xx"

From a volunteer:

"Being able to support Susan has been a pleasure and we have enjoyed going to the shops weekly; she said 'I have definitely benefited from these sessions, they make my life a bit easier. I don't mind if my supporter is male or female, I am just happy for the support.'"

From our local Community Mental Health Team Lead:

"... Hammersley Homes provides the Community Health Teams with an additional resource so they are able to focus on delivering more high-level interventions. The volunteers at Hammersley Homes are delivering important practical and emotional support to those individuals".

As we get busier, it's clear that we need more volunteers all the time, and more staff – so it's all about fundraising which we are constantly working on. All the work we are able to do, and the support that we are able to give to our vulnerable clients, is thanks to our wonderful donors and supporter, to whom we are enormously grateful. A BIG thank you to you all.

We were thrilled to welcome our new CEO, Sally Harrild, to join our team late in 2022 – Sally has many years of experience working in the Charity Sector, and brings a wealth of knowledge and expertise with her. She's an invaluable asset and we look forward to benefiting from all she brings to our project, through 2023 and beyond.

We are grateful to Vanessa Branson, who agreed to join our loyal band of Patrons at the beginning of the year, to endorse our project – and what a valuable endorsement hers is. Vanessa is passionate about the environment, sustainability, equality – all things that are close to our hearts. We are privileged to have the support of all our valued Patrons.



Our BIG GIVE CHRISTMAS CHALLENGE campaign at the end of the year was a terrific success again, thanks entirely to all our supporters and donors – we were so pleased to reach our fundraising target, always a little more ambitious year on year. This is the biggest Match-Funded campaign in the UK, and we were lucky and

delighted to receive Champion Funding from <u>The Reed Foundation</u>, increasing our Match-Funded amount by £1,500. The total of over £9,000 that we raised through this campaign, enabled us to expand our Outreach Programme and provided the funds to employ another part-time Outreach Visitor, a role we have advertised and hope to fill soon.

One of our valued volunteers, Judith Richards, worked with Elite Cinematics to produce a short film which shows the desperate need for our project, and this is now up on our website and on <u>YouTube</u>, with the voiceover by Nigel Planer, one of our wonderful Patrons. We'd love to know what you think of it.

Loneliness and isolation are so often a blight on the lives of the vulnerable people we work with, and our project is all about offering friendship and support to reduce this. All available support seems to be temporary, and aims for "recovery", reintegration into the community and a return to independent living. Commendable as this may be, it's the living independently which can prove to be such a struggle for the people we work with. We believe that this aim for "independence" is misguided: we are not, after all, independent creatures – we are interdependent. We need each other, friends, communities – we need to interact to thrive. This is what we aim for, for our clients. This is what we have started to achieve with our Outreach Programme, and this is what we aim to expand, to support more people who need us.

And this is what we will continue to do, with your support. So thank you ALWAYS for all you do for us. Now onward to another year of growth and development!



A MESSAGE FROM OUR CEO, SALLY HARRILD



Exciting times are ahead for Hammersley Homes!

I am so pleased to be part of such a proactive and ground breaking charity. Recent funding awards have enabled us to expand Outreach Services into the Winchester area and recruit additional team members. I have high hopes for further expansion into other areas of Hampshire in 2023, enabling us to reach more individuals living with enduring mental illness.

We continue to develop links within the local communities we serve and welcome approaches from individuals, other service providers and corporate sponsors who share our passion to enrich the lives of those we support.



A MESSAGE FROM OUR OUTREACH MANAGER, CRYSTAL BLOOMFIELD



Witnessing the impact Hammersley Homes Outreach service has on supporting mental wellbeing is hugely rewarding. By replacing loneliness and confusion, with companionship and empowerment, our brilliant outreach team has helped make a positive difference to some vulnerable adults' lives. Our services have a knock-on effect. Directly supporting vulnerable adults has the direct effect of setting the friends and relatives of our clients' minds at rest, thus reducing the strain on their own mental health. It also impacts the community, because we prevent people getting

to the point of hospitalisation or on the wrong side of the law. Hearing how our volunteers have benefited from giving their time to help others is heart-warming; one volunteer shared how what they learnt with us improved their relationship with their own mentally ill relative.

From the initial launch of the Outreach service, it has been clear that the demand for lifelong friendships is huge! I would love to see the service expand - to support more people to achieve their personal goals and live their best life! I hope to improve the service by actively reflecting on my work, responding to feedback, and engaging in continuous learning. For me, it is important that all Outreach visitors and remote volunteers are confidently enjoying their role - and all clients feel valued and listened to. I am excited to see the progress of Hammersley Homes' long-term goal of opening permanent lifelong housing for these vulnerable people.



WHY IS CHANGE NEEDED?

Mental illness is estimated to account for at least 25 % of the UK's burden of disease, but in recent years has received just 10 % NHS funding. Police and NHS resources have been over-stretched for years and we now face a cost-of-living crisis likely to further impact the resources available to those living with enduring mental illness in our local communities.

There is a wealth of evidence to demonstrate that high quality, safe, secure and supported housing is fundamental to the quality of life of those living with enduring mental illnesses. We have seen it work wonderfully in short-term housing solutions; our model is for permanent homes in this neglected sector.



is supported by mental health charities.
That's over 8 million people.

A network of Hammersley Homes will enable vulnerable adults to feel less isolated, lonely or frightened. They will feel the benefits that a sense of belonging brings, reducing the impulse to find meaning to their lives in antisocial and harmful behaviours. The lives of the dedicated families and self-sacrificing carers will benefit too, as these groups will be able to stop worrying quite so much, safe in the knowledge that their loved ones are being suitably supported. The financial pressure on public services, paramedics, hospitals, police, courts and prisons, will also begin to be relieved.



OUR IMPACT

The impact of Hammersley Homes Outreach Service is measured by quantitative data, collected using the Edinburgh-Warwick Wellbeing Scales, and qualitative data collected from testimonials. Impact questionnaires (completed by clients) and satisfaction surveys (completed by Outreach volunteers) produce both quantitative and qualitative data.

We implemented the Edinburgh-Warwick Wellbeing Scale to evaluate the impact of the Outreach service. The client will complete this survey during the initial visit with their Outreach visitor. This will be repeated routinely for approximately 6 months before we review the frequency of the assessment.

Over the last couple of months, some of our current clients have completed the EWWS and a client satisfaction survey. Because of the client group we work with, and the length of time this service has been operating, we haven't yet got enough data from the EWWS to confidently evaluate the responses, but it's looking very encouraging. We have received valuable feedback from the client satisfaction questionnaires. We feel it's necessary to build strong relationships and trust with our clients, and respect that some individuals may not feel comfortable completing the EWWS until this has been established.

The below data has been drawn from client responses to the satisfaction survey:

How satisfied are you with the support you have received from Hammersley Homes?

How much of an impact do you feel Hammersley Homes has had on your wellbeing?

How do you feel about the relationship you have with Hammersley Homes Outreach Support team?

Are you satisfied with how Hammersley Homes has responded to concerns regarding your health or wellbeing?

40% Extremely satisfied.

50% very satisfied.

10% somewhat satisfied.

0% not so satisfied.

0% not at all satisfied.

40% a great deal.

60% a lot.

0% a moderate amount.

0% a little.

0% not a lot.

60% very positive

40% positive.

0% neutral.

0% negative.

0% very negative.

44% very satisfied.

11% satisfied.

44% neither satisfied or dissatisfied.

0% not so satisfied.

0% not at all satisfied.

It's very encouraging to learn that in one area, 75% of our clients were discharged from their Community Mental Health Team, after receiving our support for 6 months. The Hammersley Homes Outreach Service they have been receiving, has helped to alleviate pressure on the NHS by providing friendly emotional and practical support, as opposed to specialist and professional intervention.



2022 AT A GLANCE

KEY CHALLENGES

- Volunteer recruitment for the Outreach Programme.
- Volunteer recruitment for ever increasing office administration.
- The cost-of-living crisis.
- Working to reduce the waiting lists for our Outreach Programme.
- Addressing ongoing funding needs.

KEY ACHIEVEMENTS

- A successful "Picnic Shakespeare" fundraising event.
- The Big Give Christmas Challenge match funded campaign.
- Some successful applications to Charitable Trust Funds and Local & District Councils.
- Christmas lunch for our Outreach clients.
- Expansion of our Outreach Programme into wider parts of Hampshire.
- The development of links with local Universities which provide an ongoing stream of Outreach volunteers.
- The recruitment of 2 regular Volunteer Office Administrators.



OUTREACH SERVICE

INTERESTED IN VOLUNTEERING?

Changing lives with kindness and compassion.

Support vulnerable adults in the community

Develop your skills

Receive training and support





OUR TIMELINE

The first few months of 2022 were spent concentrating upon a variety of bids and applications to Charitable Trust Funds and Foundations – a funding source that's key to the development and expansion of our project. Some were successful, some not – but that's only to be expected and we are thrilled with the amount of funding that's come in from these sources. We were also thrilled to receive a major donation from one of our loyal supporters at the end of January, which made a big difference to the development and growth of our Outreach Programme, enabling us to employ our first paid Home Visitor, to work alongside our teams of Volunteers.

MAY



One of our wonderful Ambassadors, Amanda Mann, offered her beautiful garden to host a Troubador Works production of Shakespeare's "Much Ado about Nothing", which was a tremendous success and raised over £3,500 for us.

JUNE





We were delighted to move at last, and settled in to our new office in Lymington Town Hall.

JULY



This is the highlight of our summer in this area, with nearly 100,000 visitors from around the UK. It was wonderful to have our first stand there, and we plan to be there again in 2023 and beyond. This is gives us a great window to the general public, and raises awareness of our Charity work. Some of our volunteers came to help us man our stand, we made a number of new important contacts – and enjoyed 3 days of fun and activities all around us!

SEPTEMBER



One of our loyal volunteers, Angus Cadwallader, walked the Beacon Way to raise over £600 for us.



OCTOBER



Early in the month, one of our Outreach volunteers ran the Bournemouth half-marathon to raise funds for us.

And later in the month, one of our Outreach Home Visitors took some clients to visit a Halloween Pumpkin Farm.





NOVEMBER



We were delighted to welcome Sally Harrild to head up our team as our new CEO.

DECEMBER



'Tis the Season to be Jolly...

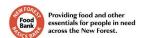
and Hammersley Homes hopes you can join us for a Christmas Lunch
Tuesday 13th December at 12:30pm
at the

#Usketeer Dub
26 North Street, Pennington, SO41 8QS

Fa-la-la-la, la-la-la...

Kindly supported by:











With the support of valued local partners, New Forest Food Bank, Heppenstalls solicitors, Hayward Fox Estate Agents and The Musketeer Pub in Pennington, we hosted our first Christmas lunch for some of our Outreach clients. This was a terrific success and we hope it will become an annual event.



We would like to say a huge thank you for all the support we have received from Charitable Trusts and Foundations, and from our Local Councils; we are so grateful for the faith that you have had in us and our project.

We look forward to showing you that your faith was well placed as we develop and expand our project into 2023 and beyond:

New Forest District Council
Tesco Community Grants
Age Unlimited
The Lottery – Awards for All
Lady More Charitable Trust
The Jo Li Trust
The Childwick Trust
Hampshire and Isle of Wight Community Foundation
DMF Trust
The Beaverbrook Foundation